# ConnectiCare

### **Commercial/Healthcare Exchange PA Criteria**

**Prior Authorization:** Hyaluronate Injections For Osteoarthritis Of The Knee

#### **Products Affected:** Product Quantity Limitations Dose Euflexxa 20mg once weekly x 3 doses Maximum 6 injections per 180 days Gel-One 30mg x 1 dose Maximum 2 injection per 180 days 16.8 mg once weekly x 3 doses Maximum 6 injections per 180 days Gelsyn-3 20mg once weekly x 5 doses Hyalgan Maximum 10 injections per 180 days Hymovis 24mg once weekly x 2 doses Maximum 4 injections per 180 days Monovisc 88mg x 1 dose Maximum 2 injections per 180 days Orthovisc 30mg once weekly x 3 or 4 doses Maximum 8 injections per 180 days Sodium Hyaluronate 1% 20 mg once weekly x 3 doses Maximum 6 injections per 180 days Maximum 10 injections per 180 days Supartz FX 25mg once weekly x 5 doses 16mg once weekly x 3 doses Maximum 6 injections per 180 days Synvisc Synvisc-One 48mg x 1 dose Maximum 2 injection per 180 days Trivisc 25mg once weekly x 3 doses Maximum 3 injections per 180 days Durolane 60mg (3mL) x 1 dose Maximum 2 injections per 180 days Triluron 20 mg once weekly x 3 doses Maximum 3 injections per 180 days Synojoynt 1% once weekly x 3 doses Maximum 3 injections per 180 days GenVisc 850 25mg once weekly x 5 doses Maximum 10 injections per 180 days Visco-3 25mg once weekly x 3 doses Maximum 6 injections per 180 days

<u>Medication Description</u>: Hyaluronan (HA), also known as hyaluronate or hyaluronic acid, is a naturally occurring macromolecule that is a major component of synovial fluid and is thought to contribute to its viscoelastic properties. Chemical cross-linking of hyaluronan increases its molecular weight; cross-linked HA are referred to as hylans.

In osteoarthritis (OA), the overall length of HA chains present in cartilage and the HA concentration in the synovial fluid are decreased. Intra-articular injection of HA has been proposed as a means of restoring the normal viscoelasticity of the synovial fluid in patients with osteoarthritis. This treatment has been referred to as visco supplementation.

Covered Uses: Osteoarthritis of the knee

#### Exclusion Criteria:

- 1. Do not use in patients with known hypersensitivity to hyaluronate derivatives.
- 2. Do not use in the presence of joint infections or skin diseases or infections in the area of the injection site.

### Required Medical Information: N/A





### Prescriber Restriction: N/A

Age Restriction: 18 year of age and older

Coverage Duration: 12 months

#### Other Criteria:

#### Initial Approval Criteria

Gel-One, Synvisc/Synvisc-One, and Visco-3 are the preferred agents for **Commercial PHARMACY members**.(NON NPF)

#### Documented symptomatic OA of the knee.

- 1. Trial and failure of conservative therapy (including physical therapy, pharmacotherapy [e.g., non-steroidal anti-inflammatory drugs (NSAIDs), acetaminophen (up to 1 g 4 times/day) and/or topical capsaicin cream]) has been attempted and has not resulted in functional improvement after at least 3 months or the member is unable to tolerate conservative therapy because of adverse side effects.
- 2. Member has failed to adequately respond to injection of intra-articular steroids.
- 3. Member reports pain which interferes with functional activities (e.g., ambulation, prolonged standing).
- 4. No contraindications to the injections (e.g., active joint infection, bleeding disorder).
- 5. Failed trial of Gel-One, Synvisc/Synvisc-One, AND Visco-3 prior to using Sodium Hyaluronate, Orthovisc, Euflexxa, Supartz Fx, Hyalgan, GenVisc 850, Hymovis, Monovisc, Synojoynt, Triluron, TriVisc, Gelsyn-3, and Durolane

#### **Renewal Criteria**

Coverage may be renewed when **all**-of the following criteria are met:

- 1. Medical record demonstrates reduction in dose of NSAIDS (or other analgesics or anti- inflammatory medication) during the 12-month period following the previous series of injections
- 2. The medical record objectively documents significant improvement in pain and functional capacity as the result of the previous injections
- 3. Absence of unacceptable toxicity from the previous injections
- 4. Commercial Pharmacy members (NON NPF)
  - a. Patient must have trial and failure of Gel-One, Synvisc/Synvisc-One, AND Visco-3 before using Sodium Hyaluronate, Orthovisc, Euflexxa, Supartz Fx, Hyalgan, GenVisc 850, Monovisc, Synojoynt, Triluron, TriVisc, Gelsyn-3 and Durolane

#### References:

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#### Policy Revision history

Rev #	Type of Change	Summary of Change	Sections Affected	Date
1	Transferred Policy	Transferred existing policy to commercial policy from medical	All	2/21/2023

